



Multi- skills club

Run by: Mr Attfield

Time and day: Tuesdays 8am – 8.45am

Cost: No charge

Suitable for: Ks1 (Reception- year 2)

What is Multi- skills club?

Multi-skills clubs provide a non-sport specific, fun, challenging and enjoyable starting point for children's involvement in sport:

- Physical: Developing the child's movement capabilities and fitness levels.
- Technical: Developing the skills and techniques required to play a range of games, activities or sports.

What we do? We are learning different fundamentals to improve our basic physical and technical skills.